

Cosmetology

This program trains students for employment in hair design, nail artistry, and facial makeup. Students can take courses not only to develop or improve skills and techniques but also to explore new industrial trends.

Course #	Course	Lecture	Lab	Clinic	Hours
COS101	State and Local Laws, Rules, and Regulations	10			10
COS102	Communication Skills	20			20
COS103	Bacteriology, Sterilization, and Sanitation	10			10
COS104	Anatomy and Physiology	10			10
COS105	Skin and Nail Composition	20			20
COS108	Freshman Lab and Practice I		140		140
COS111	Hair Structure and Chemistry	20			20
COS112	Principles of Hair Design	20			20
COS113	Shampooing, Rinsing, and Conditioning	10			10
COS114	Hair Cutting	20			20
COS118	Freshman Lab and Practice II		130		130
COS151	Hairstyling Techniques	20			20
COS152	Braiding Techniques	20			20
COS158	Intermediate Lab and Practice I		60		60
COS159	Intermediate Clinic I			110	110
COS161	Placement of Artificial Hair	20			20
COS162	Permanent Waves	10			10
COS168	Intermediate Lab and Practice II		70		70
COS169	Intermediate Clinic II			100	100

COS171	Hair Coloring	10			10
COS172	Bleaching and Tinting	10			10
COS173	Skin Diseases and Disorders	10			10
COS174	Hair Removal	10			10
COS178	Intermediate Lab and Practice III		80		80
COS179	Intermediate Clinic III			80	80
COS201	Facials and Makeup I	10			10
COS202	Facials and Makeup II	10			10
COS203	Manicuring and Pedicuring I	10			10
COS208	Senior Lab and Practice I		70		70
COS209	Senior Clinic I			100	100
COS211	Manicuring and Pedicuring II	10			10
COS212	Finger Waving, Skip Waving, and Pencil Waving	20			20
COS213	Job Seeking Skills	10			10
COS214	Professional Ethics and Salon Management	10			10
COS215	Business Skills	20			20
COS218	Senior Lab and Practice II		60		60
COS219	Senior Clinic II			150	150
	Total	350	720	430	1,500

- **COS101 State and Local Laws, Rules, and Regulations** – This course provides an understanding of the state and local laws, rules, and regulations.
- **COS102 Communication Skills** – Through this course students learn how to communicate with clients, partner, handling complaints, receiving telephone calls, booking appointments by phone.

- **COS103 Bacteriology, Sterilization, and Sanitation** – Students learn to list the types and classifications of bacteria, list the types of disinfectants and how they are used, describe how to safely clean and disinfect salon tools and equipment. Students also learn differences between cleaning, disinfection and sterilization and discuss the universal precautions and the responsibilities as a salon professional.
- **COS104 Anatomy and Physiology** – Students learn to explain and understand the importance of anatomy and physiology to the cosmetology profession and also to define and describe cells, reproduction, and types of tissues.
- **COS105 Skin and Nail Composition** - This course provides the advanced-level knowledge in skin and nail composition.
- **COS108 Freshman Lab and Practice I, COS118 Freshman Lab and Practice II** – This lab course is oriented towards demonstrating basic principles of cosmetology and mastering modern techniques. Students exercise current techniques used in cosmetology.
- **COS111 Hair Structure and Chemistry** - This course provides a chemistry guide for students to ensure safe, consistent, professional results. Addressing the fundamental concepts of chemistry as they apply to salon products and services, this course includes the latest technological advances in cosmetic science.
- **COS112 Principles of Hair Design** – This course provides design elements and principles of hairstyling.
- **COS113 Shampooing, Rinsing, and Conditioning** – Students learn how to choose the proper type of shampoo, rinse, and conditioner, depending on the condition of the hair, based on the acquired knowledge of shampoo types, conditioners.
- **COS114 Hair Cutting** - This course introduces basic principles of haircutting, reference points, areas of the head, lines and angles, elevation and cutting line.
- **COS151 Hairstyling Techniques** - This course is an introduction to basic principles of hairstyling and its design elements.
- **COS152 Braiding Techniques** – Students learn the braiding techniques and advanced haircutting techniques.
- **COS158 Intermediate Lab and Practice I, COS 168 Intermediate Lab and Practice II, COS 178 Intermediate Lab and Practice III** – This course offers an intermediate level laboratory of cosmetology. It includes hair structure and the fundamental concepts of chemistry as they apply

to salon products. Also, students exercise hairstyling, shampooing, rinsing, conditioning, placing artificial hair, permanent waving, and techniques of hair cutting and braiding.

- **COS159 Intermediate Clinic I, COS169 Intermediate Clinic II, COS179 Intermediate Clinic III** - This course offers students the opportunity to engage in hands-on practical training through client session under the supervision of current instructors.
- **COS161 Placement of Artificial Hair** – Students learn how to use hair enhancements such as wigs, hair pieces, and hair extensions.
- **COS162 Permanent Waves** - This course introduces types of perms, different techniques of perm style, and application of relaxers.
- **COS171 Hair Coloring** – Students learn to identify natural hair color and tone, types of hair color, and to select hair color and apply it, using lighteners and toners.
- **COS172 Bleaching and Tinting** – Students learn how to properly apply bleaching and tinting techniques with less damage.
- **COS173 Skin Diseases and Disorders** – Students learn various kinds of skin diseases and disorders and their causes and prevention.
- **COS174 Hair Removal** – Students learn permanent hair removal and the methods of temporary hair removal.
- **COS201 Facials and Makeup I** – Students learn how to determine skin type, choose skin care products, do facial massage and other treatments, and apply different types of makeup such as special occasion and corrective makeup.
- **COS202 Facials and Makeup II** – Students learn advanced-level facials and makeup.
- **COS203 Manicuring and Pedicuring I** – Students learn how to choose a nail shape, basic manicure, conditioning oil manicure, and hand and arm massage, performing pedicures and foot massage.
- **COS208 Senior Lab and Practice I, COS218 Senior Lab and Practice II** – This laboratory course is focused on advanced techniques related to both hairstyling and facials in Cosmetology. It includes advanced procedures of hair coloring, bleaching, tinting, finger waving, skip waving, and pencil waving in Hairstyling part. Students also practice facials and makeup as well as manicuring and pedicuring.

- **COS209 Senior Clinic I, COS219 Senior Clinic II** – This course offers students the opportunity to engage in hands-on practical training through client session under the supervision of current instructors.
- **COS211 Manicuring and Pedicuring II** – Students learn advanced-level manicuring and pedicuring.
- **COS212 Finger Waving, Skip Waving, and Pencil Waving** – Students learn different types of waving such as finger, skip, and pencil waving.
- **COS213 Job Seeking Skills** – Students learn how to prepare for licensure and for employment: writing a resume, preparing for interviews, and filing an employment application.
- **COS214 Professional Ethics and Salon Management** - This course introduces basic salon management skills including professional ethics and other related topics.
- **COS215 Business Skills** – Students acquire business skills needed in conducting own business such as how to sell services and how to expand the client base.