

## Welcome to Columbia College

- Columbia College is accredited by the Council on Occupational Education (COE) to award certificates and associates Degrees.
- Columbia College has been certified by State Council of Higher Education for Virginia (SCHEV) to operate in Virginia.
- Financial Aid is available for those who qualify.
- Approved for the training of Veterans

## Mission

Columbia College provides high-quality, relevant, and varied educational programs and opportunities for the intellectual, cultural, and personal growth of all members of its community. The College values its role as an educational institution, embracing change and responding to the complex needs of those it serves.

## Why Columbia College?

1. Nationally Accredited – COE
2. Financial Aid is available to those who qualify.
3. Certified School for I-20 Issuance – F-1/M-1 Students
4. CPT and OPT Available for International Students
5. J-1 Exchange Visitor + Internship Program Available
6. Convenient Class Schedule - Morning & Evening
7. Outstanding Curriculum and Faculty
8. Competitive Tuition
9. Easy to Access  
– Three Locations in Washington Metropolitan Area
10. Student First

## Grab your Future

@Columbia College

### Main Campus (Tysons)

8620 Westwood Center Drive  
Vienna, VA 22182  
(703) 206-0508

### Centreville Extension

5940 Centreville Crest Lane  
Centreville, VA 20121  
(703) 266-0508

### Silver Spring Extension

12125 Veirs Mill Road  
Silver Spring, MD 20906  
(301) 929-0565

**STUDENTS** first

## Massage Therapy

- Certificate Course
- Associate Degree



Rev. 09/16



Tysons, Virginia

1 (703) 206 - 0508  
admissions@ccdc.edu

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*Challenge to Succeed*



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# Massage Therapy

## Certificate Course

This program prepares students for employment as professional massage therapists. The program provides a solid knowledge base in the structure and function of the human body, ethics, various theories and applications of therapeutic massage along with hands-on experience. The massage therapy program requires 600 hours in total.

## Associate Degree

In order to practice massage therapy in Virginia and Maryland, students must study in an approved massage therapy program. Upon successful completion of the program, students are eligible to take the Federation of State Massage Therapy Boards, MBLEx examination. This 91-credit program includes theoretical knowledge such as pathology, body systems, and applications of therapeutic massage to ample hands-on experience and practice through clinical practicum.

## Continuing Education

Licensed/certified massage therapists must report their completed continuing education hours to the state board for license renewal. Columbia College C.E. is comprised of varied advanced courses including ethics and up-to-date issues. Striving to keep pace in the rapidly changing industry therapists should update current research and advanced practice through continuing education classes.



## About Massage Therapy Program

- Total of 600-hour Program
  - Well-balanced in a combination of classroom, laboratory, and clinical experience
- High-Quality Curriculum
  - Approved by NCBTMB, member of AMTA
- Professional instructors who currently work in the field.
- Flexible Schedule and Locations
- Variety of Experience
  - Student Clinic, Field trips, and Guest speaker sessions
- Entry-level Licensure Examination Preparation Available

## Massage Therapy Prospects

- The increasing demand on massage therapy services leads to a continued growth in the business. → Employment of massage therapist is expected to grow at a higher rate than the average employment growth of other occupations.
- Due to expansion of the health care industry, 1.7million new jobs have been created over the past 5 years.
- The number of day spas have been increased by 400% over the past 10 years and more than 90% of high-end spa packages include massage therapy.
- A quarter of the United States population has experienced massage therapy in the past 12 months and the number is continuously growing.
- Two-thirds of clients want to get the service from the same massage therapist.

## Course List

Associate / Certificate Program	Credits / Clock Hours
CMT/C101 Introduction to Therapeutic Massage	2 / 20
CMT/C102 Medical Terminology	2 / 20
CMT/C103 Anatomy, Physiology, and Kinesiology I	4 / 40
CMT/C104 Anatomy, Physiology, and Kinesiology II	4 / 40
CMT/C105 Massage Therapy I	4 / 80
CMT/C106 Anatomy, Physiology, and Kinesiology III	4 / 40
CMT/C107 Anatomy, Physiology, and Kinesiology IV	4 / 40
CMT/C108 Pathology	4 / 40
CMT/C109 Massage Therapy II	5 / 100
CMT/C111 Business and Ethics	3 / 30
CMT/C113 Clinical Pathology	3 / 30
CMT/C114 Energetic Foundations	2 / 20
CMT/C115 Clinical Practicum	4 / 100

### Associate Degree Program Only

CMT220 Pregnancy / Special Populations Massage	5
CMT230 Myofascial Release	5
CMT240 Sports Massage	5
CMT250 Lymph Drainage Massage	5

### Electives (Choose 1 out of below list)

CMT270 Career Development	2
CMT310 Advanced Clinical Practicum	2

► Total Required Credits 67

► Total Required Clock Hours 600